

N+ Supporting Women's Health = Strengthening Healthcare Workforce

8 out of 10 healthcare workers are women.¹

Designing benefits and policies that support women at every stage of life improves recruitment and retention, and creates a happier, healthier workforce.



Women want and need more from their health benefits.²

71%

would consider leaving their jobs for a better benefits package.

47%

report that health issues impacted productivity in the past 60 days.

43%

missed at least one workday due to health problems.

Robust Benefits for Women = Stronger Teams, Better Care

Wins for Employees

- ✓ Feel valued and supported
- ✓ Improve health and quality of life
- ✓ Better work-life balance
- ✓ Support for mental health needs

Wins for Hospitals

- ✓ Higher retention and morale
- ✓ More engaged, healthier teams
- ✓ Stronger talent attraction
- ✓ Increased productivity; fewer absences

¹ Source: U.S. Department of Labor

² MedCity: [Survey: What Women Want Out of Their Health Benefits.](#)

Three Keys to Supporting the Female Workforce



FAMILY BUILDING

Maternity, fertility, & parenting benefits

Paid parental leave

Flexible schedules for family care



MENTAL HEALTH

Virtual care access

Digital tools & resources

Supportive policies & culture

Flex time & PTO



MENOPAUSE

Coverage for treatment options (including HRT)

Access to certified specialists

Awareness & education

Lead the change in women's health.

Nyoo Health helps hospitals, healthcare leaders, and organizations INSPIRE new thinking, ASSESS needs, NAVIGATE barriers, and COLLABORATE toward strategies that transform care for women.

Contact info@nyoohealth.com to build your plan to better support women's health.