

Women's Health Discussion Guide

Conversations about women's health should happen everywhere, from executive meetings and boardrooms to discussions on quality improvement, patient safety, finance, and strategy.

Often, the most powerful discussions begin with a simple question, **"How does this impact women?"**

Focused questions can help drive meaningful dialogue on women's health. Use the guide below to **inspire**, **assess**, **navigate**, and **collaborate** in advancing your organization's efforts to improve women's health:

INSPIRE

- How does our organization define women's health?
- Have we taken a holistic approach?
- How can we educate, eliminate stigma and taboos, and normalize conversations around all aspects of women's health?
- What opportunities can we create to inspire care teams and leadership to think differently about women's health?
- How can we elevate women's health as a strategic priority for the organization? Where can it be incorporated into our strategic plan?

ASSESS

- What are the demographics of the women our hospital serves?
- What community, local, and hospital data can we use to identify gaps in access and care outcomes?
- Where do gaps currently exist for women in our community? How should we address them?
- What efforts – programs, policies, and benefits – currently exist at our hospital to improve the health of women? Are they being fully utilized?
- What opportunities and barriers exist as we support women's health for patients, communities, and our workforce?

NAVIGATE

- What factors should we consider in making a compelling business case for this work?
- What internal and external resources are available to support women's health?
- How will we measure progress on women's health? Which metrics will we use? How will data be stratified?
- How will we consistently track and review data? What dashboards can be adapted or must be developed?
- How can the organization grow and scale these efforts?

COLLABORATE

- How are we gathering feedback from patients, community stakeholders, care teams, and employees?
- How are we creating opportunities to empower diverse voices and perspectives in shaping our efforts? Are any voices missing?
- Which organizations can we collaborate with to improve women's health?
- Should we build, purchase, or partner to address identified gaps?

Lead the change in women's health.

Contact info@nyoohealth.com to build your plan to better support women's health.